



Fall – Winter 2023–2024

Sample Lunch Menu

MONDAY



Entrée : Lemon Pepper
Cod withy Dill Sauce

Starch : Parsley with Baby
Potatoes

Vegetables : Roasted
Zucchini

Dessert : Lemon Jell-O

Alternative: Assorted
Sandwiches

Meat: Chicken or Beef

TUESDAY



Entrée : Spaghetti and
Meatballs with Basil
Parmesan

Starch : Garlic Toast

Vegetables : Charred
Broccolini with Lemon

Dessert : Tiramisu Mousse

Alternative : Assorted
Sandwiches

WEDNESDAY



Entrée : Chicken A La King

Starch : Herb Egg Noodle

Vegetables : Broccoli and
Carrots

Dessert : Vanilla Cream
Puffs with Chocolate Sauce

Alternative : Assorted
Sandwiches

THURSDAY



Entrée : Beef Steak with
Gravy

Starch : Parsley Mashed
Potatoes

Vegetables : Carrot and
Green Beans

Dessert : Butterscotch
Pudding

Alternative : Assorted
Sandwiches

FRIDAY



Entrée : Thai Salmon Curry

Starch : Steamed Jasmine
Rice

Vegetables : Edamame
Mushroom Sautee

Dessert : Lemon Burst
Macaroon

Alternative : Assorted
Sandwiches

Meat: Chicken or Beef

Lunch 12:00PM : Assorted Fruit Juice, Milk, Coffee and Tea

Snack 2:30PM : Milk, Juice, Baked Goods and Fresh Fruits