

September 2024



MSA Manor Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:15am Chair Yoga 10:30am Virtual Church Service 1:15pm Word search worksheets 3:15pm Sunday matinee 4:00pm Coffee chats 	2 9:15am Ladder Ball 10:30am Labor Day Word Search 1:15pm Paint by Numbers 3:15pm Social Hour & Conversations 4:00pm Chit Chat Labour Day	3 9:15am Sit-Fit Exercises 10:30am Bus Outing to Restaurant 3:15pm Puzzle Fun 4:00pm Table Talk 	4 9:15am Target Toss 10:30am Bingo 1:15pm Sing-A-Long 2:45pm Tuck Shop 4:00pm Chit Chat	5 9:15am Sit-Fit Exercises 10:30am Word in a word 1:15pm Walks in the Garden 3:15pm Spa cart 4:00pm Sip & Chat 5:30pm Bingo	6 9:15am Active games 10:30am Trivia 1:15pm Creative Coloring Art 3:15pm Walks in the Garden 4:00pm Chit Chat 	7 9:15am Kick Ball 10:30am Hymn Sing 1:15pm Card Games 3:15pm Ms. Manicure 4:00pm Individual Conversations
8 9:15am Chair Yoga 10:30am Virtual Church Service 1:15pm Crossword Worksheets 3:15pm Sunday matinee 4:00pm Coffee chats Grandparents Day	9 9:15am Ring Toss 10:30am Shut the Box 1:15pm Patio Time 2:30pm Music and Memories 4:00pm Chit Chat 	10 9:15am Sit-Fit Exercises 10:30am Bingo 1:00pm Piano Entertainment with Meredith 3:15pm Library on Wheels 4:00pm Table Talk	11 9:15am Bocce Ball 10:30am Evens & Odds 1:15pm Hot Apple cider Social 2:45pm Tuck Shop 4:00pm Chit Chat 	12 9:15am Sit-Fit Exercises 10:30am Card Games 1:15pm Walks in the Garden 3:15pm Spa cart 4:00pm Sip & Chat 5:30pm Bingo	13 9:15am Ravioli Target Toss 10:30am News and Views 1:15pm Art with Lee 3:15pm Music & Relaxation 4:00pm Chit Chat	14 9:15am Pass the Ball 10:30am Hymn Sing 1:15pm Puzzles 3:15pm Ms. Manicure 4:00pm Individual Conversations
15 9:15am Chair Yoga 10:30am Virtual Church Service 1:15pm Categories 3:15pm Sunday matinee 4:00pm Coffee chats	16 10:30am Poker Keno 10:30am Roll and cover 1:15pm Creative Coloring Art 2:30pm Music and Memories 4:00pm Chit Chat	17 9:15am Sit-Fit Exercises 9:30am Scenic Drive 3:15pm Puzzle Fun 4:00pm Table Talk 	18 9:15am Target Toss 10:30am Bingo 1:15pm Virtual Zoo Visit 2:45pm Tuck Shop 4:00pm Chit Chat	19 9:15am Sit-Fit Exercises 10:30am Old Maid 12:00pm Pizza Lunch Inn 3:15pm Spa cart 4:00pm Sip & Chat 5:30pm Bingo	20 9:15am Active games 10:30am Trivia 1:15pm Art with Lee 3:15pm Music & Relaxation 4:00pm Chit Chat	21 9:15am Kick Ball 10:30am Hymn Sing 1:15pm Puzzles 3:15pm Ms. Manicure 4:00pm Individual Conversations
22 9:15am Chair Yoga 10:30am Virtual Church Service 1:15pm Words unscramble- Oktober fest 3:15pm Sunday matinee 4:00pm Coffee chats Fall Begins 	23 9:15am Ring Toss 10:30am Shut the Box 1:15pm Patio Time 2:30pm Music and Memories 4:00pm Chit Chat	24 9:15am Sit-Fit Exercises 10:30am Bingo 1:15pm Conversation Cards 3:15pm Virtual Entertainment 4:00pm Table Talk	25 9:15am Bocce Ball 10:30am Evens & Odds 1:15pm Oktoberfest Pretzels & Music on the Patio 2:45pm Tuck Shop 4:00pm Chit Chat 	26 9:15am Sit-Fit Exercises 11:00am Resident Council 1:00pm Birthday Social with Mark Wolfe 3:15pm Spa cart 4:00pm Sip & Chat 5:30pm Bingo 	27 9:15am Ravioli Target Toss 10:30am Armchair Travel - Oktoberfest 1:15pm Art with Lee 3:15pm Puzzles 4:00pm Chit Chat	28 9:15am Pass the Ball 10:30am Hymn Sing 1:15pm Card Games 3:15pm Ms. Manicure 4:00pm Individual Conversations
29 9:15am Chair Yoga 10:30am Virtual Church Service 1:15pm Word search worksheets 3:15pm Sunday matinee 4:00pm Coffee chats	30 9:15am Ladder Ball 10:30am Cover the Number 1:15pm Crafts Time 4:00pm Chit Chat National Day for Truth & Reconciliation	 Labour Day				

Programs are subject to change
 2510 Gladwin Road

