

| Sunday                                                                              | Monday                                                                                                                                                                                     | Tuesday                                                                                                                                                                                                              | Wednesday                                                                                                                                                                                      | Thursday                                                                                                                                                                               | Friday                                                                                                                                                                                                              | Saturday                                                                             |
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|    |                                                                                                                                                                                            | <br>Canada Day                                                                                                                     |                                                                                                             |                                                                                                     |                                                                                                                                  |   |
| 6                                                                                   | 7                                                                                                                                                                                          | 8                                                                                                                                                                                                                    | 9                                                                                                                                                                                              | 10                                                                                                                                                                                     | 11                                                                                                                                                                                                                  | 12                                                                                   |
|                                                                                     | 10:30 Strong Bones<br>11:00 BINGO<br>1:00 Bowling<br>2:15 Coffee & Chats<br>                              | 10:30 Strong Bones<br>11:00 <b>Travelogue:</b><br>North Island<br>New Zealand<br>1:00 Toss Like A Boss<br>2:15 Coffee & Chats<br> | 10:30 Strong Bones<br>11:00 Manly Jeopardy Trivia<br>1:00 Mini Golf<br>2:15 Coffee & Chats<br>              | 10:30 Strong Bones<br>11:00 July EZ Does It Trivia<br>1:00 Shuffle Bowl<br>2:15 Coffee & Chats<br>  | 10:30 Strong Bones<br>11:00 Family Feud<br>1:00 Bocce Ball<br>2:15 Coffee & Chats<br>                                            |                                                                                      |
| 13                                                                                  | 14                                                                                                                                                                                         | 15                                                                                                                                                                                                                   | 16                                                                                                                                                                                             | 17                                                                                                                                                                                     | 18                                                                                                                                                                                                                  | 19                                                                                   |
|                                                                                     | 10:30 Strong Bones<br>11:00 Who Am I?<br>1:00 Bocce Ball<br>2:15 Coffee & Chats                                                                                                            | 10:30 Strong Bones<br>11:00 July Jeopardy Trivia<br>1:00 Mini Golf<br>2:15 Coffee & Chats<br>                                      | 10:30 Strong Bones<br>11:00 BBQ & Backyard Games Trivia<br>1:00 Toss Like A Boss<br>2:15 Coffee & Chats<br> | 10:30 Strong Bones<br>11:00 Alphabet Word Game<br>1:00 Pyramid Cup Smash<br>2:15 Coffee & Chats<br> | 10:30 Strong Bones<br>11:00 National Park Trivia<br>1:00 Shuffle Bowl<br>2:15 Coffee & Chats                                                                                                                        |                                                                                      |
| 20                                                                                  | 21                                                                                                                                                                                         | 22                                                                                                                                                                                                                   | 23                                                                                                                                                                                             | 24                                                                                                                                                                                     | 25                                                                                                                                                                                                                  | 26                                                                                   |
|                                                                                     | 10:30 Strong Bones<br>11:00 July Modern Jeopardy Trivia<br>1:00 Shuffle Bowl<br>2:15 Coffee & Chats<br> | 10:30 Strong Bones<br>11:00 Finish The Song Lyric<br>1:00 Bocce Ball<br>2:15 Coffee & Chats<br>                                  | 10:30 Strong Bones<br>11:00 Alphabet Word Game<br>1:00 Pyramid Cup Smash<br>2:15 Coffee & Chats<br>       | 10:30 Strong Bones<br>11:00 Family Feud<br>1:00 Toss Like A Boss<br>2:15 Coffee & Chats<br>       | 10:30 Strong Bones<br>11:00 <b>Travelogue:</b><br>North Island, New Zealand<br>1:00 Lets Go Fishing<br>2:15 Coffee & Chats<br> |  |
| 27                                                                                  | 28                                                                                                                                                                                         | 29                                                                                                                                                                                                                   | 30                                                                                                                                                                                             | 31                                                                                                                                                                                     | <h1>July 2025</h1> <h2>Day Programs For Older Adults</h2>                                                                                                                                                           |                                                                                      |
|  | 10:30 Strong Bones<br>11:00 Postal Trivia Today<br>1:00 Toss Like A Boss<br>2:15 Coffee & Chats<br>     | 10:30 Strong Bones<br>11:00 BINGO<br>1:00 Shuffle Bowl<br>2:15 Coffee & Chats<br>                                                | 10:30 Strong Bones<br>11:00 What Am I?<br>1:00 Lets Go Fishing<br>2:15 Coffee & Chats<br>                 | 10:30 Strong Bones<br>11:00 Giant Crossword Puzzle<br>1:00 Curling<br>2:15 Coffee & Chats<br>     |                                                                                                                                                                                                                     |                                                                                      |