## **July 2025**



## MSA Manor Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2		3 4	5
		9:15am Ladder Toss 10:30am Live Canada Day Parade 12:00pm Canada Day Lunch 3:15pm Cocktail social hour 4:00pm Table Talk Canada Day	10:30am Music and Memories 1:15pm Triomonis 2:45pm Tuck Shop	9:15am Sit-Fit Exercises 10:30am Old maid 1:15pm Walks in the Garden 3:15pm Spa cart 4:00pm Sip & Chat 5:30pm Bingo	9:15am ladder Ball 10:30am Trivia 1:00pm Art with Lee 3:15pm Remembering The Oldies 4:00pm Chit Chat U.S. Independance Day	9:15am Pass the Ball 10:30am Hymn Sing 1:15pm Lemonade & Music on the Patio 3:15pm Ms. Manicure 4:00pm Individual Conversations
6	3	7 8	9	3	10 11	12
9:15am Chair Yoga 10:30am Virtual Church Services 1:15pm Crossword Worksheets 3:15pm Sunday Matinee 4:00pm Coffee chats	9:15am Ladder Ball  10:30am Bingo  1:15pm Fireworks Painting  3:15pm Library on Wheels  4:00pm Chit Chat	9:15am Scenic Drive 9:15am Sit-Fit Exercises 1:00pm Piano Entertainment with Meredith 3:15pm Puzzle Fun 4:00pm Table Talk	9:15am Target Toss 10:30am Music and Memories 1:15pm Watermelon Social 2:45pm Tuck Shop 4:00pm Chit Chat	9:15am Sit-Fit Exercises 10:30am Shut the box 1:15pm Walks in the Garden 3:15pm Spa cart 4:00pm Sip & Chat 5:30pm Bingo	9:15am Pass the Ball 10:30am Word Games 1:00pm Art with Lee	9:15am Ladder Ball 10:30am Hymn Sing 1:15pm Puzzles 3:15pm Ms. Manicure 4:00pm Individual Conversations
13	14	1 15	16		17 18	19
9:15am Chair Yoga 10:30am Virtual Church Services 1:15pm Word search worksheets 3:15pm Sunday Matinee 4:00pm Coffee chats	9:15am Ring Toss  10:30am Bingo  1:15pm Bumblebee Painting  3:15pm July Word Search  4:00pm Chit Chat	9:15am Sit-Fit Exercises 10:30am Odds & Evens 1:15pm Rhythm Moments 3:15pm History of American Muscle Cars 4:00pm Table Talk	10:30am Music and Memories 1:15pm Triominos 2:45pm Tuck Shop	9:15am Sit-Fit Exercises 10:30am Cover the Number 1:15pm Walks in the Garden 3:15pm Spa cart 4:00pm Sip & Chat 5:30pm Bingo		9:15am Pass the Ball 10:30am Hymn Sing 1:15pm Garden Club 3:15pm Ms. Manicure 4:00pm Individual Conversations
20	2	1 22	23		24 25	26
9:15am Chair Yoga 10:30am Virtual Church Services 1:15pm Categories 3:15pm Sunday Matinee 4:00pm Coffee chats	9:15am Bowling 10:30am Bingo 1:15pm Kiwi Hand Fan Craft 3:15pm Walks in the Garden 4:00pm Chit Chat	9:15am Sit-Fit Exercises 10:30am 5 card game 1:15pm Rhythm Moments 3:15pm Animal Kingdom 4:00pm Table Talk	10:30am Music and Memories 1:00pm Birthday Social w/ Mark	9:15am Sit-Fit Exercises 10:30am Cover the number 1:15pm Walks in the Garden 3:15pm Spa cart 4:00pm Sip & Chat 5:30pm Bingo	9:15am Pass the Ball 10:30am Word Games 1:00pm Art with Lee 3:15pm Folding Group 4:00pm Chit Chat	9:15am Target Toss 10:30am Hymn Sing 1:15pm Ice cream Social 3:15pm Ms. Manicure 4:00pm Individual Conversations
27	28	29	30		31	
9:15am Chair Yoga 10:30am Virtual Church Services 1:15pm Word search worksheets 3:15pm Sunday Matinee 4:00pm Coffee chats	9:15am Ladder Ball  10:30am Bingo  1:15pm Creative Coloring Art  3:15pm Library on Wheels  4:00pm Chit Chat	9:15am Sit-Fit Exercises  11:00am Bus Outing to Restaurant  1:15pm Rhythm Moments  3:15pm Puzzle Fun  4:00pm Table Talk	2:45pm Tuck Shop	9:15am Sit-Fit Exercises  10:30am Resident Council  1:15pm Walks in the Garden  3:15pm Spa cart  4:00pm Sip & Chat  5:30pm Bingo		

<sup>\*</sup>Programs are subject to change\* 2510 Gladwin Road