

Maplewood Matters

Maplewood House 1919 Jackson St., Abbotsford B.C.- V2S 2Z8
MSA Manor – 2510 Gladwin Road, Abbotsford B.C.- V2T 3N9



Notice Board

Connection In Care

Held Monthly

Family Support & Education

Contact Emily Smith for more info.

Summer BBQ'S

Maplewood House – August 14, 2025

MSA Manor – August 21, 2025

Father's Day June 15th

Special Lunch

Entertainment

Maplewood House

Mark Wolfe singing - July 30th

MSA Manor

Mark Wolf singing - July 23rd

Resident Bus Outings

It is twice per month

1 scenic drive

1 Restaurant outing / destination

Please see our recreation team
to sign up.

Summer Edition of the Maplewood House /MSA Manor Newsletter

As the sun shines brighter and the days grow longer, we're thrilled to bring you the latest happenings and exciting plans from our Maplewood community. Summer is a time of warmth, joy, and connection—and we're embracing every moment together!

In this edition, you'll find updates on recent events, upcoming activities, staff spotlights, and special moments we've shared over the past few months. Whether it's garden walks, outdoor games, or simply enjoying the sunshine with friends, there's something for everyone this season at Maplewood.

Thank you for being a part of our extended family. We're so grateful for your continued support and involvement. Here's to a summer filled with laughter, love, and sunshine!

Spotlighting

Maplewood House



MSA Manor



Connections in Care

It is a **Support Group** for family members who have a loved one living at Maplewood House. At our monthly meeting, families can share their experiences about caregiving, the journey of dementia and the transition into long-term care.

The invitation to the meeting goes out each month, please join us. For more information contact - Emily Smith.



SleepSense

Maplewood House is Proud to be part of **SleepSense**, a quality improvement pilot project in partnership with **Fraser Health**, focused on enhancing sleep and overall well-being for older adults on Long Term Care. The initiative uses a non-invasive device to monitor resident's sleep quality and detect patterns such as frequent awakenings or night time restlessness. By gathering this data, care teams can develop personalized strategies to improve sleep, which in turn supports better mood and reduces the risk of falls. Through this innovative approach. Maplewood house is helping to lead the way in providing more proactive, resident- centered care.



Handbell Choir

Our residents have been joyfully making music together through a new handbell choir, led by our talented **Music Therapist**. This engaging and inclusive activity allows residents to explore rhythm, coordination and teamwork while creating music as a group. The sound of the handbells ringing the halls has brought a renewed sense of joy connection and creativity to our community. It's been a wonderful way for the residents to express themselves and participate in something truly uplifting.



Mother's Day

This Mother's Day we celebrated the wonderful women in our community with a special lunch a relaxing Spa Day designed to pamper and honor them. Residents enjoyed refreshing drinks, fresh fruit and an array of sweet treats while taking part in soothing spa activities. To make the day even more special, each resident received a beautiful Carnation flower as a token of appreciation and love. It was a heartfelt celebration filled with joy, connection and gratitude for the incredible mother and mother figures who enrich our lives every day.



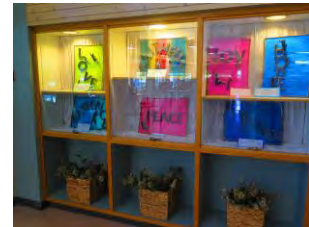
Seniors Week

For Seniors week in Abbotsford, Maplewood Care Society proudly set up an engaging and informative booth to showcase who we are and what we do. Our Display featured a collection of photos highlighting the vibrant life at Maplewood/ MSA, including the many programs and services we offer to support older adults in living well. Visitors to our booth enjoyed browsing the display, learning about our person-centered approach to care, and connecting with our friendly team. We also handed out a variety of Maplewood Care Home – branded merchandise, which was a big hit and helped spread awareness about our organization. It was a great opportunity to celebrate with seniors and connect with the community!



Art Class

Residents at Maplewood Care Home have been embracing their artistic talents in our weekly art class with our talented **Art Therapist Lee**. From vibrant watercolor paintings to intricate collages, the group has been busy creating beautiful works of art that reflect their creativity and individuality. The sessions are filled with laughter, conversation, and a wonderful sense of accomplishment. We're so proud of everyone's efforts, and they love to showcase their artwork.



Garden Boxes

Spring has brought new life to our raised flower boxes, where residents have been planting new plants. In addition loved ones have been bringing in their favorite plants to grow, turning gardening into a meaningful and shared activity. It's been a heartwarming way for residents to reconnect with a beloved hobby, soak in the sunshine, and enjoy a simple pleasure of digging in the earth. The vibrant blooms and green leaves are a beautiful reflection of joy and connection this activity brings to our community

