

Maplewood House
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MSA Manor
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Abbotsford, BC V2T 3N9
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Sunday, April 26, 2020

Dear MSA Manor Residents and Families,

We are writing to notify you that one of our staff members at MSA Manor has tested positive for COVID-19. This person is in isolation at home and not working. We have been in contact with all families and will continue to be. We appreciate everyone's expressed support of the Residents and staff.

No Residents show any symptoms at this time. We continue to monitor their health status by screening them twice daily. This includes taking their temperatures and monitoring for any new or worsening symptoms. Staff are always screened twice on their shift and continue to wear masks and other Personal Protective Equipment at all times when in the Resident care and common areas. The safety of our Residents and staff is our number one priority.

The Fraser Health Communicable Disease Control Team is working with the MSA Manor staff team, including Dr. Adriaan Windt, our Medical Director, Krista Homfeld, Director of Resident Services and Rene Lou del Castillo, Care Manager.

COVID-19 is a respiratory illness. It can spread through droplets when a person coughs or sneezes or by touching the virus with your hands then touching your face before washing your hands. Symptoms of COVID-19 may be mild or severe. These may include cough, runny nose, sore throat, sneezing, headache, fatigue, chills, muscle aches, loss of appetite, and loss of sense of smell and taste. More severe symptoms could include fever, difficulty breathing and/or chest pain. The elderly are at higher risk for severe disease, but even in this population, most people will experience mild illness.

In light of the potentially severe consequences of COVID-19, outbreak control measures have been put in place at MSA Manor. This may result in some residents being confined in their rooms, including for meals. There are also restrictions to movement within the home to movement, types of activities, and non-essential services. These precautions help prevent the spread of illnesses and are standard approaches in care homes during seasonal influenza outbreaks.

There continues to be no visitors allowed until further notice unless someone is actively dying.

For general information about COVID-19, call 811 or visit HealthLink BC at (<https://www.healthlinkbc.ca/health-feature/coronavirus-covid-19>).

We remind everyone with respiratory or gastrointestinal symptoms to self-isolate from others for 14 days from when you first felt sick and get tested as quickly as possible. You can use the provincial self-assessment tool to determine if you need testing for COVID-10 (<https://covid19.thrive.health/>).

Thank you to our MSA Manor and Maplewood Care Society teams, and to our families and friends, for the support, concern and caring thoughts.

Sincerely,

Heidi Mannis, Chief Executive Officer
Maplewood Care Society