

## **Maplewood Care Society Prevention and Control Plan for Coronavirus (COVID-19) Updated March 16, 2020**

Maplewood Care Society is committed to the health and safety of everyone who lives, visits and works at MSA Manor and Maplewood House. At this time of increased concern about the Novel Coronavirus (COVID-19) we want to assure you of our efforts to help make sure we all are safe, healthy, and support each other at this time of local and global concern.

Our Infection Prevention and Control Team is leading on this matter along with the senior staff leaders. We take our guidance from the Provincial Health Officer, Fraser Health, and other public agencies. We need your help to enhance protection in order to prevent the spread of COVID-19.

Please read this carefully and pay attention to the signs posted at Maplewood House or MSA Manor.

Do not visit if you are not feeling well. Do not come if you:

- Develop a cough
- Have a fever
- Have difficulty breathing
- Feel achy or unwell
- Have travelled anywhere outside Canada recently

Do not visit unless you need to. There are major visitor restrictions in place. They are changing as we are given directives from the public health agencies. Everyone who comes will be screened at the door. Anyone who has travelled must self-isolate for 14 days before considering visiting. No more than 2 visitors may come at any one time. Children 10 years and younger are also not permitted to visit. Visiting is limited to the resident's room unless pre-arranged with the nurse. No residents are permitted to leave the care home unless pre-arranged with the nurse.

If you do visit, here is how you can help everyone in the care homes:

- Wash your hands frequently with soap and water for at least 20 seconds, or use an alcohol-based sanitizer as a second choice
- Do not touch your face
- Cough or sneeze into a bent elbow and then wash your hands

If you have visible signs such as coughing or sneezing, you will not be allowed to visit.

There are other measures we have in place:

- We are screening all residents every shift to monitor for new symptoms
- We are managing and communicating closely with staff about reporting and self-monitoring
- We have advised volunteers not to come until further notice
- Events involving people in the community (eg. choirs, education) have been postponed
- We have enhanced cleaning of high-touch areas to reduce the risk of transmission
- Large group activities have been cancelled
- We are working with our vendors and Fraser Health to ensure adequate supplies
- The care team continues to follow the provincial Infection Prevention and Control Guidelines from the BC Centre for Disease Control, including appropriate use of personal protective equipment and isolation measures in the event of an outbreak
- Adequate supplies of everything needed to meet the needs of residents and clients

We appreciate your understanding that our management and practices about COVID-19 are changing as we receive updated guidance and directives. For the latest information, please check our website at [www.maplewood.bc.ca](http://www.maplewood.bc.ca), our Facebook page, or listen to the recording on our phone system.

Additional information is available from these public health agency websites:

[http://www.bccdc.ca/health-info/diseases-conditions/coronavirus-\(novel\)](http://www.bccdc.ca/health-info/diseases-conditions/coronavirus-(novel)) – BC Centre for Disease Control

<https://www.fraserhealth.ca/health-topics-a-to-z/coronavirus#.XmvSnahKhPY> – Fraser Health

<https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.html> - Public Health Agency of Canada

It is very important to us that you have the information you need to feel reassured about our community of residents, clients and staff and you. We will continue communicating as this evolves. The information will be posted at the front doors, in the buildings, by mail, and on the website. We thank you for your contributions and support in helping us manage the risks of COVID-19 at this time.